



GEORGIA ASSOCIATION FOR PLAY THERAPY INC.

4893 LAVISTA ROAD
TUCKER, GEORGIA
30084

WEBSITE WWW.GAPT.ORG
EMAIL...
TRUDYPOSTSPRUNK@CHARTER.NET

770-491-7423

Trudy Post Sprunk President

Trudy Post Sprunk has been a psychotherapist since 1971 and has been in private practice in Tucker, Georgia since 1985 where she specializes in children and their families. She is an LMFT&S, LPC&S, RPT&S, CPT&S, and is EMDR certified.

She is a Certified Professional Counselor supervisor, a Georgia board MFT and AAMFT approved supervisor and has been providing supervision since 1993 to both beginner and advanced therapists.

Trudy has presented over 700 lectures at local, national, and international conferences and workshops. She has done radio and TV interviews on topics relating to play therapy and parenting. She has written articles that have appeared in *LearningTimes*, *GACLD Newsletter*, and *ACLD Newsbriefs*. She also provided material for Liana Lowenstein's book *Creative Family Therapy Techniques* published in 2010.

In addition, she wrote *A-Z Tips For Supervisors*, which was included in the February 2010 Association For Play Therapy publication.

She co-authored with Liana Lowenstein *Creative Family Therapy Techniques: art and play-based activities to assess and treat families* Published in the April/May 2013 issue of family therapy magazine.

Trudy also collaborated in the writing of the e-learning course *Play Therapy Supervision: Theory and Practice* in July 2010

In 1994 she co-founded the [Georgia Association. For Play Therapy](#) and has been on its board of directors since its inception. At various times, she has been the Treasurer, membership chair, and it's President since 2004.

She currently serves on the advisory board for Argosy University and Georgia State University in Atlanta.

