BOOK REVIEWS

FEELINGS INSIDE YOU & OUTLOUD TOO

BY BARBARA KAY POLLAND Ph.D. 1975 CELESTIAL ARTS, BERKELEY, CA

WITH PHOTOGRAPHS AND SIMPLE DESCRIPTIONS AND DIALOGUES, THE TEXT EXPLORES TEN FEELINGS. WRITTEN FOR THE PRIMARY AGE CHILD, THE FEELINGS IDENTIFIED MEANINGFULLY EXPAND THE FEELING VOCABULARY. THE PHOTOS HELP TO DEFINE THE FEELING; THE DIALOGUE INVITES THE CHILD TO PROJECT HIS/HER UNDERSTANDING OF THE FEELING. THE FEELINGS PRESENTED ARE SPECIAL, FRUSTRATED, PRIVATE, FEAR, LOVE, PAIN, GOOD, JEALOUS, CLOSE, AND ALONE.

ALTHOUGH THE INITIAL PUBLICATION DATE IS 1975, I RATHER RECENTLY ACQUIRED THE BOOK AND HAVE FOUND IT EFFECTIVE IN HELPING THE YOUNGER CHILD CLARIFY BEYOND MAD, SAD, GLAD, AFRAID.

REVIEWED BY JAYNE SMITH