

Book Review

The Oceans of Emotions, by Nicole K. and John T. Clark, PremaNations Publishing, 1998. This book can be ordered by calling 1-877-DRAGON or online at www.premanations.com

Reviewed by: Jayne Smith, M.S.

Destiny is a young dragon that gets washed overboard in a terrific storm at sea. She winds up at the bottom of the ocean. Her goal is to get home, but before getting there she faces many fears including those of her own feelings. She learns through her adventure that taking responsibility for embracing your feelings can free you to enjoy your life and enable you to learn from your experiences and problems.

The book is wonderfully illustrated and the effect of the illustrations is enhanced by a 3D quality (3D glasses accompany the book). Phrasing and vocabulary are child friendly, suitable for school age children.

I love implementing it whenever possible.